



UNIVERSITY
of
TECHNOLOGY,
MAURITIUS

School of Sustainable Development & Tourism

MA IN COUNSELLING (Part-Time)

PROGRAMME DOCUMENT

VERSION 3.0

MDC v3.0

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University of Technology, Mauritius
School of Sustainable Development & Tourism
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MA IN COUNSELLING

A. PROGRAMME INFORMATION

This two-year part-time Master of Arts course is designed to meet the needs of professionals and other graduates involved in counselling and other related fields, working in both the Public and the Private sectors, Parastatal bodies, NGO's and other Institutions. It is mainly geared towards those who are interested in the practical and theoretical issues related to counselling. It is thus designed to equip the students with the necessary knowledge and skills to work with people in need of counselling in institutions and situations arising in the various sectors of human life.

This course is intended for both, people seeking training in the field of counselling, and those who are already involved in counselling activities and who wish to enhance their knowledge and skills as practicing professionals in the various relevant sectors concerned, such as health, education, social and other welfare services among others.

B. PROGRAMME AIMS

The aim of this programme is to offer students a supportive and challenging learning environment that will enable them to develop personal qualities and professional knowledge, expertise and skills deemed necessary for competent practitioners interested in counselling within the society. It will support the professional development of those already involved in counselling while adding an academic dimension to their existing skills, with a view to make them more effective as counselling practitioners. It thus aims at providing the candidates with both the theoretical underpinnings of counselling as well as the practical training underlying the counselling profession.

C. PROGRAMME OBJECTIVES

The objectives of the programme are to:

- Develop an appreciation of the philosophies, theories and research concerning the various counselling approaches.
- Provide opportunities to investigate significant counselling issues through case studies. Demonstrate an in-depth understanding of the therapeutic process. Acquire critical understanding of the place and role of counselling in the Mauritian society.
- Understand the importance of the human context of the counselling environment.
- Recognize the need for personal development in relation to training as a counsellor.
- Appraise the importance of personal experience and values and attitudes in counselling practice.
- Explore the issues in relation to counselling in various settings: educational, health care, social, organisational and employment & retirement.
- Explain the importance of research methodology in counselling.
- Consider the relevance of ethical, social and cultural issues in the counselling process.

Part I - REGULATIONS

D. GENERAL ENTRY REQUIREMENTS

As per UTM 'Admissions Regulations' and 'Admission to Programmes of Study at Masters Level'

E. PROGRAMME ENTRY REQUIREMENTS

- (i) A first degree in any area of the human sciences from an approved institution.

Or
- (ii) Exceptionally candidates holding a Diploma in any areas of human sciences from an approved institution and with at least 6 years of relevant professional work experience may be admitted. Admission decisions will be made by the School on a case to case basis based on evidence submitted by the student.

F. PROGRAMME MODE AND DURATION

Part-Time: 2 Years

G. TEACHING AND LEARNING STRATEGIES

Teaching methods are varied depending on the modules and will include face to face, online and blended lectures, group work, case studies, presentations and projects. The programme is delivered through a variety of approaches including lectures, presentations, tutorials and case studies with an emphasis on independent learning. Self-learning will be the key feature of the programme, enabling students to explore, investigate and research into the various topics, interact with practitioners, and work in teams on projects. Throughout the programme, the emphasis will be on high levels of student participation, both individually and within small groups.

One module will carry 150 hours of learning comprising of 45 contact hours of delivery which could be any combination of face to face, online or blended learning. The remaining 105 hours will cover self-learning.

H. STUDENT SUPPORT AND GUIDANCE

In addition to face to face, online and blended lectures, group tutorials or individual tutorials are arranged for students as and when required.

I. ATTENDANCE REQUIREMENT

As per UTM Regulations

J. CREDIT SYSTEM

This programme is aligned with the European Credit and Transfer System (ECTS). The modules will carry 6 credits as per the programme structure. All modules will carry 100 marks and the project/dissertation will carry 18 credits. The credit requirements for the programme shall be equivalent to 90 credits.

K. STUDENT PROGRESS AND ASSESSMENT

For the award of the Master of Arts, all modules must be passed with overall passes in the examinations, coursework and other forms of assessment.

Research Methods and Practicum component will be assessed by 100 % coursework. The dissertation will carry 18 credits.

Research Methods in Counselling will be assessed 100% by coursework as follows: article critique, research proposal, mini project-based assignments including fieldwork and presentation.

Unless otherwise specified, written examinations will be of 3 hours' duration. Continuous assessment will carry up to 50% of the total marks and will be based on seminars, case studies, class tests and/or assignments, etc.

Grading

Grade	Marks x (%)
A	$70 \leq x \leq 100$
B	$60 \leq x < 70$
C	$50 \leq x < 60$
D	$40 \leq x < 50$
F	< 40
A-D	Pass
F	Fail

L. AWARD CLASSIFICATION

Overall weighted mark (%)

CPA \geq 70
 $60 \leq$ CPA $<$ 70
 $40 \leq$ CPA $<$ 60
CPA $<$ 40

Classification

Masters Degree with Distinction
Masters Degree with Merit
Master's Degree
No Award

M. PROGRAMME ORGANISATION AND MANAGEMENT

Assoc. Prof. Dr C. Bokhoree
Dr. S D Lukea Bhiwajee
Mrs T Makoondlall Chadee
Dr. V Ramasamy Coolen
Dr. P Ramseook- Munhurrun
Dr. P Naidoo
Ms. V Seebaluck

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Part II - PROGRAMME STRUCTURE & SYLLABUS OUTLINE

N. PROGRAMME STRUCTURE - PART-TIME

PROGRAMME STRUCTURE AND PLAN - (PART- TIME)

YEAR 1							
Semester 1				Semester 2			
Code	Core Modules	Hrs L / SL	Credits	Code	Core Modules	Hrs L / SL	Credits
CNLG 5104B	Introduction to Counselling	3+7	6	CNLG 5323B	Couple and Family Counselling	3+7	6
CNLG 5105B	Counselling Theory and Practice	3+7	6	PSY 5106B	Fundamentals of Human Development and Behavior	3+7	6
LWS 5403B	Professional Ethics & Law	3+7	6	CNLG 5401B	The Humanistic Approach to Counselling	3+7	6
				STAT 5302B	Research Methods in Counselling		6
YEAR 2							
Semester 1				Semester 2			
Code	Core Modules	Hrs L / SL	Credits	Code	Core Modules	Hrs L / SL	Credits
CNLG 5402B	The Psychodynamic Approach to Counselling	3+7	6	CNLG 5404B	Clinical Issues	3+7	6
CNLG 5403B	Cognitive Behavioural Approaches to Counselling	3+7	6	CNLG 5502B	Practicum	3+7	6
CNLG 5322B	Substance Abuse Counselling	3+7	6	DISS 5000	Dissertation		18
	Dissertation						